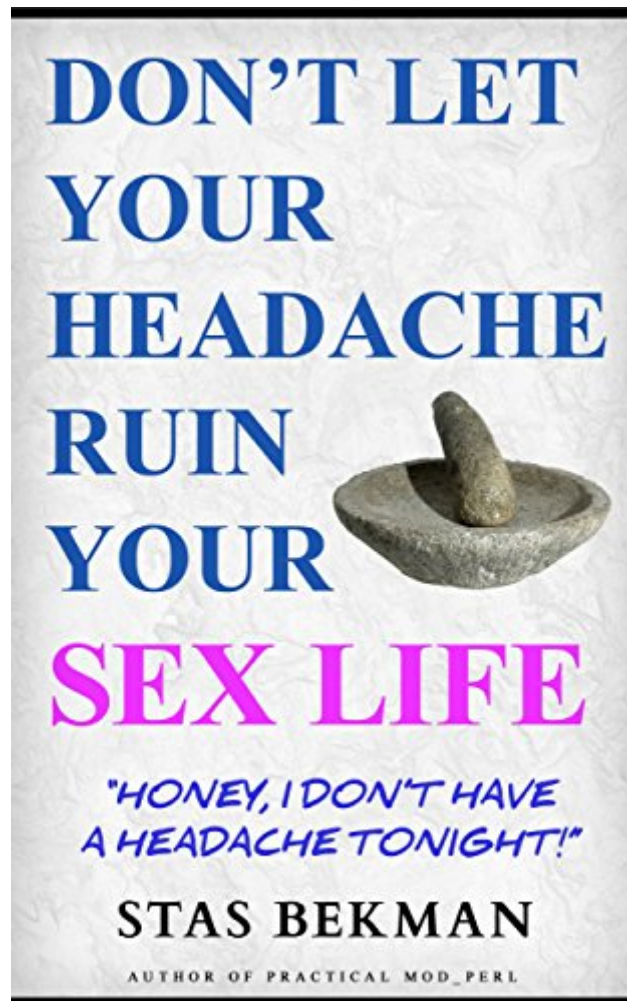


The book was found

Don't Let Your Headache Ruin Your Sex Life: "Honey, I Don't Have A Headache Tonight"



Synopsis

Would you like to know how to prevent and eliminate your migraines and other types of headaches? And how to accomplish that without suffering from the side-effects of the pharmaceutical drugs? Then this book is for you. In the first part of the book, you will discover how to prevent your pain by changing your environment, body, and mind. After reading the second part you will know how to treat your pain with help of: * Do-It-Yourself Therapies* Holistic Remedies* Vitamins & Supplements* Herbs, Spices, Seeds & Nuts* Fruit & Vegetables* Psychoactive Drugs* Holistic Therapies* Surgical Procedures* Electronic Devices* Mental Exercise Systems* Esoteric Solutions. I figured out how to eliminate my migraine headaches and so can you! You get all my extensive research compiled in this book. Download your copy today by clicking the Buy Now or Add To Cart button at the top of this page.

Book Information

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Customer Reviews

Watching family members who are suffering constantly from migraines almost on a weekly basis was a painful experience for me. After spending years studying Yoga & Meditation I felt that I can

offer them a solid remedy, but they couldn't cope with just hearing me. This book is the perfect answer as it combines scientific knowledge mixed with a lot practical down to earth and easy methods to deal with Migraines. It was so much easier to digest than the information in other books out there. Seems like with all the branches of alternative medicine you can easily find one that will resonate with their own structure and would greatly benefit you. I'm thankful I came across this ebook.

If you have been suffering from migraines or headaches, this ebook will save you many hours of research! This is a very thorough compendium of non-pharmaceutical and non-invasive remedies - giving sufferers plenty of options to pursue in healing or reducing their pain without the harmful effects from traditional drugs. When you are trying to find well-informed leads and ideas for self-healing, it can be overwhelming to wade through the internet. I have friends who are dealing with these issues and will gladly recommend this great reference book to them!

I have suffered from Cluster Headache in the past, this book is an excellent researched compilation of many different kinds of approaches of dealing with headaches in a scientific and very practical down to earth way. I can highly recommend to anyone who suffers from any kind of headache!

This is a scholarly book based on exhaustive research. The illustrations were very well chosen!! highly recommend this book.

Thank you very much for your book! Written by very understandable language, very useful information and helpful advice.

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